

**First Reading** Job 7:1-4, 6-7

A reading from the book of Job

*I am filled with sorrow all day long.*

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.'

*The Word of the Lord  
(R.) Thanks be to God*

**Responsorial Psalm** Ps 146:1-6. R. v.3

**(R.) Praise the Lord who heals the broken-hearted.**

1. Praise the Lord for he is good; sing to our God for he is loving: to him our praise is due. **(R.)**
2. The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted, he binds up all their wounds. He fixes the number of the stars; he calls each one by its name. **(R.)**
3. Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly; he humbles the wicked to the dust. **(R.)**

**Second Reading** 1 Corinthians 9:16-19, 22-23

A reading from the first letter of St Paul to the Corinthians

*Punishment will come to me if I do not preach the Gospel.*

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

*The Word of the Lord  
(R.) Thanks be to God*

**Gospel Acclamation** Matthew 8:17

*Alleluia, alleluia!*

He bore our sickness, and endured our suffering.

*Alleluia!*

**Gospel** Mark 1:29-39

A reading from the holy Gospel according to Mark

*He cured many who suffered from diseases of one kind or another.*

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

*The Gospel of the Lord  
(R.) Praise to you Lord Jesus Christ*

**Communion Antiphon:** Cf. Ps 106:8-9

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

**Prayer after Communion:**

O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord.

**Readings Next Sunday**

11<sup>th</sup> FEBRUARY 2024

Sixth Sunday in Ordinary Time - Year B

**First Reading:** Lv 13:1-2, 44-46

A reading from the book of Leviticus

*As long as he is unclean, he must live alone, outside the camp.*

**Responsorial Psalm:** Ps 31:1-2, 5, 11, R. v.7

**(R.) I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.**

**Second Reading:** 1 Cor 10:31 - 11:1

A reading from the first letter of St Paul to the Corinthians

*Be imitators of me, as I am of Christ.*

**Gospel Acclamation:** Lk 7:16

*Alleluia, alleluia!*

A great prophet has appeared among us; God has visited his people.

*Alleluia!*

**Gospel:** Mk 1:40-45

A reading from the holy Gospel according to Mark

*The leprosy left him and he was cured*



In 1917 Our Lady at Fatima said, "Certain fashions will be introduced which will offend My Son very much." Please remember always to dress respectfully for Sunday Mass. This

applies especially to ladies who are reminded not to wear transparent or low-cut dresses, shorts or mini-skirts to Holy Mass. Other unsuitable clothing for people participating in Holy Mass would be the following: \* Clothing made of spandex (skin-tight) and translucent (see-through) materials. \* Clothing exposing the entire shoulder, chest, back or thighs. Clothing promoting violence and vices such as drug and alcohol consumption. \*Sportswear and thongs.\*

**CONFESSIONS**

**Before Saturday Vigils - and all Sunday Masses**

**Wednesdays** 4.00-4.30pm

*St Anne's Bindoon.*

**Saturdays** after 9am Mass. *Divine Mercy Church*

If we say we have no sin, we deceive ourselves, and the truth is not in us (1 Jn 1:8). The Church teaches that by frequent Confession "genuine self-knowledge is increased, Christian humility grows, bad habits are corrected, spiritual neglect and tepidity are resisted, the conscience is purified, the will strengthened, a salutary self-control is attained, and grace increased in virtue of the Sacrament itself. *The weapon against Goliath (the devil), are your 5 little stones:*

1. *Prayer (e.g. Rosary)*
2. *Holy Mass (as well as, during the week if you can)*
3. *Holy Bible*
4. *Fasting*
5. *Monthly Confession*



St Anne's, Bindoon



St Catherine's, Gingin



*The family that prays together, stays together. A family at prayer is a family at peace!*

Welcome to: **OUR LADY OF THE VISITATION PARISH**  
(Gingin, Bindoon, Bullsbrook & Maryville)



**PARISH PRIEST: FR. PAUL FOX**  
34 Santa Gertrudis Drive, Lower Chittering  
Tel: 9571 8068

[www.ginginchitteringparish.org.au](http://www.ginginchitteringparish.org.au)  
[www.divinemercychurchwa.com.au](http://www.divinemercychurchwa.com.au)



Children's Catechism Classes  
(during school term)  
Tel: IHC 9571 8135



**SUNDAY MASS TIMES**

<b>GINGIN</b> (ST CATHERINE'S)	Holy Rosary 4.30 pm SAT Vigil 5.00 pm
<b>BINDOON</b> (ST ANNE'S)	7.30 am
<b>MARYVILLE</b> (DIVINE MERCY SHRINE) ("ADORATION & HOLY ROSARY" PRIOR TO MASS)	SAT Vigil 6.45 pm 9.30 am

**I GIVE YOU THE WEAPON AGAINST YOUR GOLIATH, HERE ARE YOUR FIVE STONES**

- 1 *Prayer with the heart: Rosary*
- 2 *Eucharist*
- 3 *Holy Bible*
- 4 *Fasting*
- 5 *Monthly Confession*



**COMING EVENTS & UPCOMING PILGRIMAGES**

**PERPETUAL ADORATION AT MARYVILLE**

**Come! Sign up for Holy Hour - Roster inside main doors!**

**Weekly - Mon to Fri: IMMACULATA PRAYER WARRIORS**  
6pm - 7pm---Adoration Chapel, Divine Mercy Shrine Maryville.

FEBRUARY 2024

- 5 Saint Agatha, Virgin & Martyr
- 6 Saint Paul Miki and Companions
- 7 **First Wednesday of month Mass**
- 8 Saint Jerome Emiliani
- 8 Saint Josephine Bakhita
- 9 **The Friday Divine Will Prayer Group**
- 9 **Prayer Crusade 7.30pm -8.30pm DMS**
- 10 Saint Scholastica, Virgin
- 20 **Parish Council Meeting**
- 14 **ASH WEDNESDAY**
- 15 Thursday after Ash Wednesday
- 16 Friday after Ash Wednesday
- 16 **The Friday Divine Will Prayer Group**
- 17 Saturday after Ash Wednesday
- 17 The Seven Holy Founders of The Servite Order
- 18 **First Sunday of Lent**
- 21 Saint Peter Damian, Bishop & Doctor of the Church
- 22 The Chair of Saint Peter The Apostle
- 23 Saint Polycarp, Bishop & Martyr
- 23 **The Friday Divine Will Prayer Group**
- 27 Saint Gregory of Narek

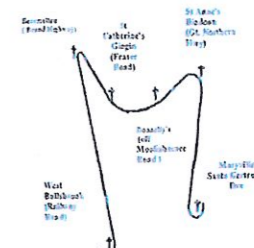
**MARCH**

- 1 **First Friday of month Mass and Friday in the 2<sup>nd</sup> week of Lent**
- 2 **First Saturday of month Mass.**
- 6 **First Wednesday of month Mass**

**OUR PARISH SCHOOL**  
**Immaculate Heart College (PreK-12)**  
34 Santa Gertrudis Drive, Lower Chittering  
Ph. 9571-8135  
[www.ihc.wa.edu.au](http://www.ihc.wa.edu.au)



PROTECTION FROM CATAclysms IS PROMISED TO THOSE WHO LIVE WITHIN THE VICINITY OF A 'CROSS OF LOVE' AND PRAY THE DAILY PRAYER! THE CROSSES AROUND THE PARISH FORM THE FIGURE 'M' TO REMIND US THAT THE PARISH IS CONSECRATED TO OUR LADY.



**WEEKDAY MASS TIMES**

*Prayers precede daily 3.30 Mass from 3pm*

**Divine Mercy Lower Chittering**

<b>MONDAY</b>	3.30 pm
<b>TUESDAY</b>	8.00 am & 3.30 pm
<b>WEDNESDAY</b>	3.30 pm
<b>THURSDAY</b>	8.00 am & 3.30 pm
<b>FRIDAY</b>	8.45am (College Mass) & 3.30 pm
<b>SATURDAY</b>	9.00 am

**St Anne's Bindoon**

<b>WED</b>	4.30 PM ADORATION	5.00 PM MASS
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*Welcome to the Holy Sacrifice of the Mass!*

*Please kneel for the Fatima prayer  
Please stand for the opening hymn*

**PRAYER FOR THE HOLY SOULS** Eternal Father, I offer You the most precious blood of thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal Church, for those in my own home, and in my family. Amen  
*St. Gertrude the Great was told by Our Lord that each time she piously recited this prayer, it would release 1,000 souls (or a vast number) from their suffering in purgatory.*

**FATIMA PRAYER** Most Blessed Trinity, Father, Son and Holy Spirit, I adore You profoundly and I offer You the most Precious Body, Blood, Soul and Divinity of Our Lord Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference with which He Himself is surrounded, through the infinite merits of His most Sacred Heart and the Immaculate Heart of Mary, I beg the conversion of all poor sinners. Amen.

**REAL PRESENCE IN THE EUCHARIST**

In the Mass the elements of bread and wine are changed through the words of Consecration and Jesus becomes fully present - Body, Blood, Soul and Divinity. It is the same Jesus as born of the Virgin, and is now seated at the right hand of the Father in heaven who is contained in the Sacrament.

*"...Whoever eats the Bread or drinks the cup...in an unworthy manner will be guilty of profaning the Body and Blood of the Lord" (1 Cor 11:27). Anyone who eats and drinks without discerning the Body, eats and drinks judgement upon himself (1 Cor 11:29)*



**PLEASE PRAY FOR THE SICK:**  Dorothy, Walter, Emma-Kate, Teena, Pat, Edie, Vera, Peter White, Maria, Logan, Julian, Maree, Doris, Jean, Pam Barnett, Albert, Brooke, Ken Keefe & Shirley Green, Tam, Maree Rooney, Koby (1 Kg baby boy very prem).

**THE SUNDAY OBLIGATION** Vatican II "Catechism of the Catholic Church" teaches about the Sunday Obligation and Holy Communion. 2181 The Sunday Eucharist is the foundation and confirmation of all Christian practice, for this reason the faithful are obliged to participate in the Eucharist on days of obligation (e.g., Sundays, Assumption, Christmas), unless excused for a serious reason (e.g., illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave (mortal) sin. 1385 Anyone conscious of a grave(mortal) sin must receive the sacrament of Reconciliation before coming to Communion. 1387 To prepare for worthy reception of...Communion, the faithful should observe the fast required (one hour). Water and medicine are permitted. *Whoever eats the Bread or drinks the Cup in an unworthy manner will be guilty of profaning the Body and Blood of the Lord (1 Cor 11:27).* Canon Law 222 Christ's faithful have the obligation to provide for the needs of the Church, so that the Church has available to it those things which are necessary for divine worship, for works of the apostolate and of charity and for the worthy support of its ministers. Sunday work "Sunday is the property of the good God; it is His own day, the Lord's day. He made all the days of the week; He might have kept them all; He has given you six and has reserved only the seventh for Himself. What right have you to meddle with what does not belong to you? You know very well that stolen goods never yield any profit... I know two infallible ways to become poor, and they are: Sunday work and taking other people's property" St John Vianney

**ADORATION OF THE BLESSED SACRAMENT**  
Come and spend an hour with the lord Jesus!  
He won't be outdone in generosity!!

**St Anne's Bindoos**  
Wednesday 4.30pm - 4.55pm

**St Catherine's Gingin**  
Saturday 4.30 to 4.55 pm (before Mass)

**Divine Mercy Church 34 St Gertrudis Drive, Maryville**

Sundays 9.00 am to 9.25 am (before Mass)

Daily 24/7: (please see Fr Paul about access to the Church).

Weekly During Rosary after weekday Masses.



**Corporal Works of Mercy**

- To feed the hungry;
- To give drink to the thirsty;
- To clothe the naked;
- To shelter the homeless;
- To visit the sick;
- To ransom the captive;
- To bury the dead.
- Spiritual works of mercy**
- To instruct the ignorant;
- To counsel the doubtful;
- To admonish sinners;
- To bear wrongs patiently;
- To forgive offences willingly;
- To comfort the afflicted;
- To pray for the living and the dead.

**Capital Sins and opposing Virtues**

Capital Sin	Virtues
Pride	Humility
Greedy	Charity
Envy	Kindness
Anger	Forgiveness
Lust	Purity
Gluttony	Self-Restraint
Sloth	Diligence

for Sunday Mass.  
"dress up" not "dress down" The Lord deserves our Sunday Best!

Parish Roster	Readers	
	4 FEB	11 FEB
<b>Bindoos</b>	Rickie	John
<b>Maryville (Vigil)</b>	Volunteer	Volunteer
<b>Maryville 9.30 am</b>	Helen	Troy

Please remember to make a sign of reverence before receiving Holy Communion or a Blessing. If you don't receive Holy Communion or a Blessing whilst kneeling, you are required to either make a genuflection or profound bow from the waist.

**Parish Community Contacts**

	Music	Bulletin	Readers
<b>Gift Shop</b> Caroline Toh <a href="mailto:dmcwashop@gmail.com">dmcwashop@gmail.com</a>	Paul Wright	Joy Fletcher	Kathy Crofts 9571 1593
<b>Youth Liaison Officer</b> Elinor Wright	<b>Events Coordinator / Parish Reception</b> Lydia Stanley <a href="mailto:gingin.chittering@outlook.com">gingin.chittering@outlook.com</a>		<b>Cleaning</b> Lee-Anne McDonnell
<b>Marketing / Special Events</b> Lydia Stanley <a href="mailto:gingin.chittering@outlook.com">gingin.chittering@outlook.com</a> Lara Jeffries <a href="mailto:laracn@live.com.au">laracn@live.com.au</a>	<b>Food bank</b> Bec Clements 0400 231 004	<b>Adoration / Legion of Mary</b> Priscilla O'Gorman <a href="mailto:PriscillaLungu@mail.com">PriscillaLungu@mail.com</a>	<b>Morning Tea</b> Troy Toh <a href="mailto:dmcwashop@gmail.com">dmcwashop@gmail.com</a>
			<b>Acolytes / Altar servers</b> Ray Issa - and Mike Tranter

**LOCAL NEWS**

- Please sign up for a life-changing Holy Hour at Maryville Adoration Chapel, DMC! Roster is inside the main door! Or in Our Lady's Chapel
- LEGION OF MARY - meets on the First, Third and Fifth Wednesday each month from 2pm-3pm in Our Lady's Chapel. All welcome.
- Stations of the Cross will be held during at the DM Shrine on Friday's during Lent, 7pm.
- IMMACULATA PRAYER WARRIORS Monday to Friday 6pm - 7pm---Adoration Chapel, Divine Mercy Shrine.
- Media Links <https://www.youtube.com/watch?v=bi6diMHbsxg> Fr Celso on the Divine Will.
- Lent starts on 14<sup>th</sup> Feb. It is a penitential season of prayer, self-denial and carrying out good deeds. Ash Wednesday and Good Friday are days of fast and abstinence. The law of fasting binds those who have completed their 18<sup>th</sup> year until the beginning of their 60<sup>th</sup> year. The law of abstinence binds those who have completed their 14<sup>th</sup> year.



**The Fifteen Promises of the Blessed Virgin Mary to those who recite the Holy Rosary daily**

1. Whoever shall faithfully serve me by the recitation of the Rosary, shall receive signal graces.
2. I promise my special protection and the greatest graces to all those who shall recite the Rosary.
3. The Rosary shall be a powerful armour against hell, it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of people from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
5. The soul which recommends itself to me by the recitation of the Rosary, shall not perish.
6. Whoever shall recite the Rosary devoutly, applying himself to the consideration of its Sacred Mysteries shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just, he shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the Rosary shall not die without the Sacraments of the Church.
8. Those who are faithful to recite the Rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the Saints in Paradise.
9. I shall deliver from purgatory those who have been devoted to the Rosary.
10. The faithful children of the Rosary shall merit a high degree of glory in Heaven.
11. You shall obtain all you ask of me by the recitation of the Rosary.
12. All those who propagate the Holy Rosary shall be aided by me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the Rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
14. All who recite the Rosary are my children, and brothers and sisters of my only Son, Jesus Christ.
15. Devotion of my Rosary is a great sign of predestination.

ADVERTISEMENTS

DONATIONS: [www.gingin.chitteringparish.org.au](http://www.gingin.chitteringparish.org.au). Some items to be donated include:

Item	Unit	Quantity	Price
1 Stained Glass to Side Chapels	ea	2	\$6,000
2 Windows Large	ea	45	\$3,000
3 Windows Small	ea	55	\$1,500
4 Advance purchase of Niche in the Divine Mercy Columbarium	ea	1,000	\$1,000 or \$1,800 (Dble)
5 Oil Painting of Saints in arches over Confessionals	ea	4	\$7,000 ea
6 Contribution to Verandas and Gazebo of \$1,000	ea		Total cost \$90,000

**Marian Movement Cenacles**  
Cenacles are prayed in Our Lady's Chapel at Maryville 6-7pm Mon-Fri: after Saturday Morning Mass, Tuesday Men's Rosary and after some other Masses.  
All welcome! Ave Maria!

**PARISH PLANNED GIVING (2<sup>nd</sup> Collection)**  
Banking details: Direct pay -  
Acc Name: Gingin-Chittering Parish  
BANK: BENDIGO BANK  
BSB: 633 000  
Acc No: 158396804 God Bless you!

**Natural Family Planning (NFP) Planning or postponing Pregnancy Simply, Naturally, Effectively** tel 9399-4394 or 1800 819 841 "Billings Method". NFP (unlike contraception and sterilization) is in harmony with Church Teaching. NaProTechnology is the church approved answer to IVF. [www. https://fccau.org](https://fccau.org)

**PIPE ORGAN FUND** - tax deductible donations can now be made to OHTA for our Pipe Organ. OHTA Trust Account\*: ANZ - 013-035 Account - 2940 70724  
\*Please ensure that in the description/reference section of your payment that you type your Name and "Chittering Appeal" so we can clearly identify you.  
For PayPal donations: <https://divinemercyshrine.com.au/organappeal/>

**NEED HELP MANAGING GRIEF?**  
The Archbishop put in place a new service to those in our Catholic community who may need it -The Spiritual and Counselling Referral Service. The Archdiocese has established a 24 hr mobile number for those struggling with grief who may need professional assistance. The Spiritual and Counselling Referral Service contact number is 0432 541 588. If you need help finding professional support for grief, please call so they can help you find appropriate assistance. The centre for Life, Marriage and Family has also produced brochures on managing grief and loss.

**THE SAFEGUARDING PROGRAM** was introduced to the Archdiocese of Perth in 2014 by Archbishop Timothy Costelloe to ensure the safety of children, young people & the vulnerable in our parishes. If you would like info. about this programme or a copy of the Safeguarding Handbook, please phone: 9221 7762

**Parish Choirs at Divine Mercy Shrine**  
Choir Master: Emma Oorschot  
Venue: Parish Admin Meeting Room Divine Mercy Presbytery.  
Every Wednesday of school terms (Fees apply)  
4:00pm - 4:40pm - children's choir (5 - 10 years)  
4:45pm - 5:45pm - teen choir (11 - 15 years)  
7:30pm - 9:00pm - adult choir (16 years and up)  
Contact - Emma - [eoorschot96@gmail.com](mailto:eoorschot96@gmail.com) for more info.

**COMPENDIUM OF THE CATECHISM OF THE CATHOLIC CHURCH** In relation to this Sunday's readings (Our Lord teaches us in and through His Church and gives us the word of the Father. Hence, our submission to the Church's teaching is not submission to mere human opinions, but to the very word of God (cf. Thes 2:3). An upright and true moral conscience is formed by education and by assimilating the Word of God and the Teaching of the Church. It is supported by the gifts of the Holy Spirit and helped by the advice of wise people. Prayer and an examination of conscience can also greatly assist one's moral formation.

**179. Why did Christ institute an ecclesiastical hierarchy? 874-876 935** Christ instituted an ecclesiastical hierarchy with the mission of feeding the people of God in his name and for this purpose gave it authority. The hierarchy is formed of sacred ministers; bishops, priests, and deacons. Thanks to the sacrament of Orders, bishops and priests act in the exercise of their ministry in the name and person of Christ the Head. Deacons minister to the people of God in the diakonia (service) of word, liturgy, and charity.

**108. Why did Jesus manifest the Kingdom by means of signs and miracles? 547-550 567** Jesus accompanied his words with signs and miracles to bear witness to the fact that the Kingdom is present in him, the Messiah. Although he healed some people, he did not come to abolish all evils here below but rather to free us especially from the slavery of sin. The driving out of demons proclaimed that his cross would be victorious over "the ruler of this world" (John 12:31).

**228. What is the relationship between the sacraments and faith? 1122-1126 1133** The sacraments not only presuppose faith but with words and ritual elements they nourish, strengthen, and express it. By celebrating the sacraments, the Church professes the faith that comes from the apostles. This explains the origin of the ancient saying, "lex orandi, lex credendi," that is, the Church believes as she prays.

**THE SACRAMENT OF ANOINTING OF THE SICK**

**313. How was sickness viewed in the Old Testament? 1499-1502**

In the Old Testament sickness was experienced as a sign of weakness and at the same time perceived as mysteriously bound up with sin. The prophets intuited that sickness could also have a redemptive value for one's own sins and those of others. Thus sickness was lived out in the presence of God from whom people implored healing.

**314. What is the significance of Jesus' compassion for the sick? 1503-1505** The compassion of Jesus toward the sick and his many healings of the infirm were a clear sign that with him had come the Kingdom of God and therefore victory over sin, over suffering, and over death. By his own passion and death he gave new meaning to our suffering which, when united with his own, can become a means of purification and of salvation for us and for others.

**315. What is the attitude of the Church toward the sick? 1506-1513 1526-1527** Having received from the Lord the charge to heal the sick, the Church strives to carry it out by taking care of the sick and accompanying them with her prayer of intercession. Above all, the Church possesses a sacrament specifically intended for the benefit of the sick. This sacrament was instituted by Christ and is attested by Saint James: "Is anyone among you sick? Let him call in the presbyters of the Church and let them pray over him and anoint him with oil in the name of the Lord" (James 5:14-15).

**316. Who can receive the sacrament of the anointing of the sick? 1514-1515 1528-1529**

Any member of the faithful can receive this sacrament as soon as he or she begins to be in danger of death because of sickness or old age. The faithful who receive this sacrament can receive it several times if their illness becomes worse or another serious sickness afflicts them. The celebration of this sacrament should, if possible, be preceded by individual confession on the part of the sick person.

**318. How is this sacrament celebrated? 1517-1519 1531** The celebration of this sacrament consists essentially in an anointing with oil which may be blessed by the bishop. The anointing is on the forehead and on the hands of the sick person (in the Roman rite) or also on other parts of the body (in the other rites) accompanied by the prayer of the priest who asks for the special grace of this sacrament.

**319. What are the effects of this sacrament? 1520-1523 1532** This sacrament confers a special grace which unites the sick person more intimately to the Passion of Christ for his good and for the good of all the Church. It gives comfort, peace, courage, and even the forgiveness of sins if the sick person is not able to make a confession. Sometimes, if it is the will of God, this sacrament even brings about the restoration of physical health. In any case this Anointing prepares the sick person for the journey to the Father's House.