

First Reading 2 Kings 4:42-44

A reading from the second book of the Kings
They will eat and have some left over.
A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'for the Lord says this, "They will eat and have some left over."' He served them; they ate and had some over, as the Lord had said.

Responsorial Psalm

Ps 144:10-11, 15-18. R. v.16

(R.) The hand of the Lord feeds us; he answers all our needs.

- All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God. **(R.)**
- The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live. **(R.)**
- The Lord is just in all his ways and loving in all his deeds. He is close to all who call him, who call on him from their hearts. **(R.)**

Second Reading Ephesians 4:1-6

A reading from the letter of St Paul to the Ephesians
There is one body, one Lord, one faith, one baptism.
I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

Gospel Acclamation Luke 7:16

Alleluia, alleluia!

A great prophet has appeared among us; God has visited his people.

Alleluia!

Gospel John 6:1-15 A reading from the holy Gospel according to John

He distributed to those who were seated as much as they wanted.

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover. Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

Communion Antiphon: Ps 102:2

Bless the Lord, O my soul, and never forget all his benefits.

Prayer after Communion

We have consumed, O Lord, this divine Sacrament, the perpetual memorial of the Passion of your Son; grant, we pray, that this gift, which he himself gave us with love beyond all telling, may profit us for salvation. Through Christ our Lord.

Readings Next Week 4th August 2024 Eighteenth Sunday in Ordinary Time - YEAR B

First Reading: Ex 16:24, 12-15

A reading from the book of Exodus
I will rain bread from heaven upon you.

Responsorial Psalm: Ps 77:3-4, 23-25, 54. R. v.24

(R.) The Lord gave them bread from heaven.

Second Reading: Eph 4:17, 20-24

A reading from the letter of St Paul to the Ephesians

Put on the new person that has been created in God's image.

Gospel Acclamation: Mt 4:4

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

Gospel: Jn 6:24-35

A reading from the holy Gospel according to John

Whoever comes to me will never be hungry; whoever believes in me will never thirst.

HOLY SAINTS – FEAST DAYS THIS WEEK

JULY

- 29 Saints Martha, Mary & Lazarus
- 30 Saint Peter Chrysologus, Bishop & Doctor of The Church
- 31 Saint Ignatius of Loyola, Priest

AUGUST

- 1 Saint Alphonsus Liguori, Bishop & Doctor of The Church
- 2 Saint Eusebius of Vercelli, Bishop
- 2 Saint Peter Julian Eymard, Priest
- 3 Saint Dominic, Priest

I GIVE YOU THE WEAPON AGAINST YOUR GOLIATH (THE DEVIL), HERE ARE YOUR FIVE STONES

- Prayer from the Heart (e.g. Rosary)
- Eucharist - Holy Mass (as well as, during the week if you can)
- Holy Bible
- Fasting
- Monthly Confession



St Anne's, Bindoon



St Catherine's, Ginoin

The family that prays together, stays together. A family at prayer is a family at peace!



Welcome to: **OUR LADY OF THE VISITATION PARISH** (Gingin, Bindoon, Bullsbrook & Lower Chittering)



PARISH PRIEST: FR. PAUL FOX
34 Santa Gertrudis Drive, Lower Chittering
Tel: 9571 8068
www.ginginchitteringparish.org.au
www.divinemerchchurchwa.com.au

Parish Roster - Readers		
	28 JUL	4 AUG
Bindoon	John	Chris
L/Chittering (Vigil)	Volunteer	Volunteer
L/Chittering 9.30 am	Dwayne	Moira

SUNDAY MASS TIMES

GINGIN (ST CATHERINE'S)	HOLY ROSARY	4.30 PM
	SAT Vigil	5.00 PM
BINDOON (ST ANNE'S)		7.30 AM
LOWER CHITTERING (DIVINE MERCY SHRINE)	SAT Vigil	6.45 PM
Prior to Holy Mass		
CONFESSIO / ADORATION & HOLY ROSARY		9.00 AM
- HOLY MASS		9.30 AM

THE TEN COMMANDMENTS

- I am the Lord your God: You shall not have strange Gods before me.
- You shall not take the name of the Lord your God in vain.
- Remember to keep holy the Lord's Day.
- Honour your father and mother.
- You shall not kill.
- You shall not commit adultery.
- You shall not steal.
- You shall not bear false witness against your neighbour.
- You shall not covet your neighbour's wife.
- You shall not covet your neighbour's goods.

CONFESSION Before SAT Vigil Masses & Sunday Masses

Wednesdays 4.30 - 4.55 pm St Anne's Bindoon.

Saturdays after 9am Mass & Weekdays after 3.30pm Mass DM Shrine Lower Chittering *If we say we have no sin, we deceive ourselves, and the truth is not in us (1 Jn 1:8). The Church teaches that by frequent Confession "genuine self-knowledge is increased, Christian humility grows, bad habits are corrected, spiritual neglect and tepidity are resisted, the conscience is purified, the will strengthened; a salutary self-control is attained and grace increased in virtue of the Sacrament itself.*

COMING EVENTS and UPCOMING PILGRIMAGES

JULY

AUGUST (Aug 2nd First FRI) (Aug 3rd First SAT) (Aug 7th First WED)

3 Saturday after 9am Mass - Busy-Bee around the Divine Mercy Shrine (rocks, gardens, flagpole)

11 Sunday - Fr Elias FI guest preacher at 9.30am Mass & Talk in Hall after Mass. (Fr Elias is a Franciscan & was previously at Toodyay)

- 13 Tuesday - Parish Council Meeting
- 21 Sunday - First Confession Immaculate Heart College
- 25 Thursday - First Holy Communion - 9.30am Mass
- 25 Thursday - Parish Community Meal - 4.30pm - 7.30pm BYO & BBQ
- 31 Saturday - Parish Cake Stall, outside Newsagent in Bullsbrook from 8am. (As an aside, we have 5 volunteers so far to cook cakes). NB: Those making cakes for our Fund Raiser will need to make a sign informing all ingredients in the cakes (See Local News)

SEPTEMBER (Sep 4th First WED) (Sep 6th First FRI) (Sep 7th First SAT)

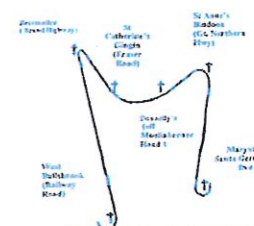
OCTOBER (Oct 2nd First WED) (Oct 4th First FRI) (Oct 7th First SAT)

5 October Feast of St Faustina - half day Retreat and BYO lunch.

NOVEMBER (Nov 1st First FRI) (Nov 2nd First SAT) (Nov 6th First WED)

- 2 Saturday Bush Dance - Hall
- ?? Date and venue to be confirmed 11.30am Mass and Luncheon, including musical recital \$75 per head.
- 24 Sunday Confirmation, Christ the King - 9.30am Mass

OUR PARISH SCHOOL
Immaculate Heart College (PreK-12)
34 Santa Gertrudis Drive, Lower Chittering
Ph. 9571-8135
www.ihc.wa.edu.au



PROTECTION FROM CATAclysms IS PROMISED TO THOSE WHO LIVE WITHIN THE VICINITY OF A 'CROSS OF LOVE' AND PRAY THE DAILY PRAYER! THE CROSSES AROUND THE PARISH FORM THE FIGURE 'M' TO REMIND US THAT THE PARISH IS CONSECRATED TO OUR LADY.

WEEKDAY MASS TIMES

Prayers precede daily 3.30 Mass from 3pm
Divine Mercy Shrine Lower Chittering

MONDAY	3.30 pm
TUESDAY	7.00 AM & 3.30 PM
WEDNESDAY	3.30 PM
THURSDAY	7.00 AM & 3.30 PM
FRIDAY	8.45 AM (College Mass) & 7.00 PM
SATURDAY	9.00 AM

St Anne's Bindoon

WEDNESDAY ADORATION	4.30 PM
HOLY MASS	5.00 PM

FATIMA PRAYER Most Blessed Trinity, Father, Son and Holy Spirit, I adore You profoundly and I offer You the most Precious Body, Blood, Soul and Divinity of Our Lord Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference with which He Himself is surrounded, through the infinite merits of His most Sacred Heart and the Immaculate Heart of Mary, I beg the conversion of all poor sinners. Amen.

PRAYER FOR THE HOLY SOULS Eternal Father, I offer You the most precious blood of thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal Church, for those in my own home, and in my family. Amen

St. Gertrude the Great was told by Our Lord that each time she piously recited this prayer, it would release 1,000 souls (or a vast number) from their suffering in purgatory.

REAL PRESENCE IN THE EUCHARIST

In the Mass the elements of bread and wine are changed through the words of Consecration and Jesus becomes fully present - Body, Blood, Soul and Divinity. It is the same Jesus as born of the Virgin, and is now seated at the right hand of the Father in heaven who is contained in the Sacrament. *"...Whoever eats the Bread or drinks the cup...in an unworthy manner will be guilty of profaning the Body and Blood of the Lord" (1 Cor 11:27). Anyone who eats and drinks without discerning the Body, eats and drinks judgement upon himself (1 Cor 11:29)*

LOCAL NEWS:

Parish Planned Giving (2nd Collection) *Have you considered Tithing?*
Banking details: Direct pay –
Acc Name: Gingin-Chittering Parish
BSB: 633 000 - **Acc No:** 158396804

CAKE STALL - FUND RAISER

At the last Parish Council meeting it was decided to hold a cake stall as a Fund Raiser for the Parish.

To be held 31st August, 2024 - 8 a.m.

Location: in front of the Bullsbrook Newsagency.

We are now asking for Parish members to please bake cup cakes, as these are the most popular. **NB: Those making cakes for our Fund Raiser will need to make a sign informing all ingredients in the cakes**

Please help us with this stall as we would like it to be a very successful event. Please deliver cakes to the cake stall between 8 am and 9 am. For further details phone Kathy 9571 1593.

PERPETUAL ADORATION OF THE BLESSED SACRAMENT

AT Divine Mercy Shrine Lower Chittering –
Come! Sign up for Holy Hour - Roster - inside the main door of Church or in Our Lady's Chapel

Come, spend an hour with the lord Jesus! He won't be outdone in generosity!!

Please sign up for a life-changing Holy Hour

Divine Mercy Shrine – Lower Chittering

Daily (after 3.30 pm Mass) Monday to Thurs 4 pm – 9 pm

Main Altar

Friday & First Fridays All Night Vigil 4.00 pm to Saturday 8.55 am (Men's watch)

24 / 7 Access with key code to Adoration Chapel. For code see Fr Paul)

St Anne's Bindoon Wed 4.30-4.55pm (before 5.00pm Mass)

St Catherine's Gingin Saturday 4.30-4.55pm & Rosary (before 5.00pm Mass,)

(Note the Exposition Tabernacle was blessed by the Archbishop and this type of Tabernacle is approved by the Church for Parishes & Chapels. Only Priests, Deacons and Instituted Acolytes are permitted to open the Tabernacle. Members of the public are only permitted by the Church to open the Tabernacle windows (small external doors only) and close them upon leaving the Adoration Chapel, they are not permitted to open (unlock) the Tabernacle).

THE SAFEGUARDING PROGRAM was introduced to the Archdiocese of Perth in 2014 by Archbishop Timothy Costelloe to ensure the safety of children, young people and the vulnerable in our parishes. For more information or a copy of the Safeguarding Handbook, phone: 9221 7762

Marian Movement Cenacles

Cenacles are prayed in Our Lady's Chapel at Lower Chittering 6pm to 7.00 pm Monday to Friday; After Tuesday Men's Rosary After Saturday Morning Mass, and after some other Masses.

All welcome! Ave Maria!

IMMACULATE PRAYER WARRIORS - MARIAN MOVEMENT CENACLES PRAYED IN OUR

LADY'S CHAPEL DIVINE MERCY SHRINE L/CHITTERING

Monday to Friday 6pm – 7pm Also

After Tuesday Men's Rosary AND

After Saturday Morning Mass: (See Local News)

THE FRIDAY DIVINE WILL PRAYER GROUP is in recess until further notice

Parish Choirs at Divine Mercy Shrine

Choir Master: Emma Oorschot In Parish Admin Meeting Room Divine Mercy Presbytery **Every Wednesday** of school terms **(Fees apply)** Then 7.00 pm - 8.30 pm. Teen & Adult choir in the Hall For More Info Contact – Emma – email: eoorschot96@gmail.com

THE COR MARIAE YOUTH GROUP

Fridays of School Term in the Hall 4pm-6pm

The Group meets Fridays of the school term. The Cor Mariae form for any new participants is available in the church foyer - (Note: students who signed the form last year do not need to supply a new one). Further enquiries e-mail: paul.kelly@ihc.wa.edu.au ph: 0459 724 227.

LEGION OF MARY Meet on the First, Third and Fifth

Wednesday each month from 2.00 till-3.00pm in Our Lady's Chapel. **All welcome.**

NATURAL FAMILY PLANNING (NFP) Planning or

postponing Pregnancy Simply, Naturally, Effectively

Tel 9399-4394 or 1800 819 841 "Billings Method".

NFP (unlike contraception and sterilization) is in harmony with Church Teaching. NaProTechnology is the church approved answer to IVF. [www. https://fccau.org](http://www.fccau.org)

NEED HELP MANAGING GRIEF? The Archbishop put in place a new service to those in our Catholic community who may need Help -The Spiritual and Counselling Referral Service. The Archdiocese has established a 24 hr mobile number for those struggling with grief who may need professional assistance. The Spiritual and Counselling Referral Service contact number is **0432 541 588**. If you need help finding professional support for grief, please call so they can help you find appropriate assistance. The centre for Life, Marriage and Family has also produced brochures on managing grief and loss.

WORLDWIDE MARRIAGE ENCOUNTER (WWME) Would you like to give yourself and your spouse quality time over a weekend that will focus on love, communication and relationship? We invite you to attend a Worldwide Marriage Encounter Weekend. **Weekend of:**

9 / 10 November 2024 Live-in. *Currabine*

A WWME Weekend may be the best gift you can give to each other.

For more information contact: Brendon or Valerie on 0493 534 865.

WAbookings@wwme.org.au Visit www.wwme.org.au



In 1917 Our Lady at Fatima said, "Certain fashions will be introduced which will offend My Son very much." Please remember always to dress respectfully for Sunday Mass. This applies especially to ladies who are reminded not to wear transparent or low-cut dresses, shorts or mini-skirts to Holy Mass. Other unsuitable clothing for people participating in Holy Mass would be the following: * Clothing made of spandex (skin-tight) and translucent (see-through) materials. * Clothing exposing the entire shoulder, chest, back or thighs. Clothing promoting violence and vices such as drug and alcohol consumption. *Sportswear and thongs.*



Children's Catechism Classes (during school term)
Tel: IHC 9571 8135



PLEASE PRAY FOR THE SICK: Dorothy, Walter, Emma-Kate, Teena, Pat, Edie, Vera, Peter White, Maria, Logan, Julian, Doris, Jean, Pam Barnett, Brooke, Tam, Albert & Maree Rooney, Koby. Thank you

Parish Community Contacts	Music	Bulletin	Readers
	Paul Wright	Joy Fletcher	Kathy Crofts 9571 1593
Gift Shop Caroline Toh dmcwashop@gmail.com	Events Coordinator / Parish Reception Lydia Stanley gingin.chittering@outlook.com		Cleaning Lee-Anne McDonnell
Youth Liaison Officer Elinor Wright	Food bank Bec Clements 0400 231 004		Morning Tea Troy Toh dmcwashop@gmail.com
Marketing / Special Events Lydia Stanley gingin.chittering@outlook.com Lara Jeffries laracn@live.com.au	Adoration / Legion of Mary Priscilla O'Gorman PriscillaLungu@mail.com		Acolytes / Altar servers Ray Issa and Mike Tranter

DONATIONS: Refer to Divine Mercy Shrine WA website for complete list of items:

<https://divinemercyshrine.com.au/donate/>

Stained Glass to Side Chapels	2	\$6,000 each
Windows Large	45	\$3,000 each
Windows Small	55	\$1,500 each
Advance purchase of Niche in the Divine Mercy Columbarium	1,000	\$1,000 or \$1,800 (Dble)
Oil Painting (bet doors) Confectionals	2	\$7,000 each

*for Sunday Mass. "dress up" not "dress down"
...The Lord deserves our Sunday Best!.....*

PIPE ORGAN FUND

Tax deductible donations can now be made to OHTA for our Pipe Organ. **OHTA Trust Account*: ANZ Bank – BSB 013-035 Acc: 2940 70724**
***To clearly identify you Please ensure that the description/ reference section includes: your Name and words "Chittering Appeal"**

For PayPal donations:

<https://divinemercyshrine.com.au/organappeal/>



Amounts of \$2 and over are tax-deductible!

THE SUNDAY OBLIGATION Vatican II "Catechism of the Catholic Church" teaches about the Sunday Obligation and Holy Communion. 2181 The Sunday Eucharist is the foundation and confirmation of all Christian practice, For this reason the faithful are obliged to participate in the Eucharist on days of obligation (e.g., Sundays, Assumption, Christmas), unless excused for a serious reason (e.g., illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave (mortal) sin. 1385 Anyone conscious of a grave(mortal) sin must receive the sacrament of Reconciliation before coming to Communion. 1387 To prepare for worthy reception of...Communion., the faithful should observe the fast required (one hour). Water and medicine are permitted. **Whoever eats the Bread or drinks the Cup in an unworthy manner will be guilty of profaning the Body and Blood of the Lord (1 Cor 11:27). Canon Law 222** Christ's faithful have the obligation to provide for the needs of the Church, so that the Church has available to it those things which are necessary for divine worship, for works of the apostolate and of charity and for the worthy support of its ministers. **Sunday work** "Sunday is the property of the good God; it is His own day, the Lord's day. He made all the days of the week; He might have kept them all; He has given you six and has reserved only the seventh for Himself. What right have you to meddle with what does not belong to you? You know very well that stolen goods never yield any profit.... I know two infallible ways to become poor, and they are: Sunday work and taking other people's property" St John Vianney

COMPENDIUM OF THE CATECHISM OF THE CATHOLIC CHURCH in relation to this Sunday's readings (Our Lord teaches us in and through His Church and gives us the word of the Father. Hence, our submission to the Church's teaching is not submission to mere human opinions, but to the very word of God (cf.Thes 2:3). An upright and true moral conscience is formed by education and by assimilating the Word of God and the Teaching of the Church. It is supported by the gifts of the Holy Spirit and helped by the advice of wise people. Prayer and an examination of conscience can also greatly assist one's moral formation.

276. Where does the Eucharist fit in the divine plan of salvation? 1333-1344 The Eucharist was foreshadowed in the Old Covenant above all in the annual Passover meal celebrated every year by the Jews with unleavened bread to commemorate their hasty, liberating departure from Egypt. Jesus foretold it in his teaching and he instituted it when he celebrated the Last Supper with his apostles in a Passover meal. The Church, faithful to the command of her Lord, "Do this in memory of me" (1 Corinthians 11:24), has always celebrated the Eucharist, especially on Sunday, the day of the Resurrection of Jesus.

287. Why is the Holy Eucharist the paschal banquet? 1382-1384 1391-1396 The Holy Eucharist is the paschal banquet in as much as Christ sacramentally makes present his Passover and gives us his Body and Blood, offered as food and drink, uniting us to himself and to one another in his sacrifice.

288. What is the meaning of the altar? 1383 1410 The altar is the symbol of Christ himself who is present both as sacrificial victim (the altar of the sacrifice) and as food from heaven which is given to us (the table of the Lord).

289. When does the Church oblige her members to participate at Holy Mass? 1389 1417 The Church obliges the faithful to participate at Holy Mass every Sunday and on holy days of obligation. She recommends participation at Holy Mass on other days as well.

290. When must one receive Holy Communion? 1389 The Church recommends that the faithful, if they have the required dispositions, receive Holy Communion whenever they participate at Holy Mass. However, the Church obliges them to receive Holy Communion at least once a year during the Easter season.

291. What is required to receive Holy Communion? 1385-1389 1415 To receive Holy Communion one must be fully incorporated into the Catholic Church and be in the state of grace, that is, not conscious of being in mortal sin. Anyone who is conscious of having committed a grave sin must first receive the sacrament of Reconciliation before going to Communion. Also important for those receiving Holy Communion are a spirit of recollection and prayer, observance of the fast prescribed by the Church, and an appropriate disposition of the body (gestures and dress) as a sign of respect for Christ.

161. Why is the Church one? 813-815 866 The Church is one because she has as her source and exemplar the unity of the Trinity of Persons in one God. As her Founder and Head, Jesus Christ re-established the unity of all people in one body. As her soul, the Holy Spirit unites all the faithful in communion with Christ. The Church has but one faith, one sacramental life, one apostolic succession, one common hope, and one and the same charity.

194. What is the meaning of the "communion of saints"? 946-953 960 This expression indicates first of all the common sharing of all the members of the Church in holy things (sancta): the faith, the sacraments, especially the Eucharist, the charisms, and the other spiritual gifts. At the root of this communion is love which "does not seek its own interests" (1 Corinthians 13:5) but leads the faithful to "hold everything in common" (Acts 4:32), even to put one's own material goods at the service of the most poor.

195. What else does "the communion of saints" mean? 954-959 961-962 This expression also refers to the communion between holy persons (sancti); that is, between those who by grace are united to the dead and risen Christ. Some are pilgrims on the earth; others, having passed from this life, are undergoing purification and are helped also by our prayers. Others already enjoy the glory of God and intercede for us. All of these together form in Christ one family, the Church, to the praise and glory of the Trinity